

FOR IMMEDIATE RELEASE:

6th Annual Iredell Walk for Recovery to celebrate National Recovery Month

(IREDELL COUNTY) The 6th Annual Iredell County Walk for Recovery will be on Saturday, September 30, from 4:00 p.m. to 7:00 p.m., at Troutman's ESC Park (338 North Avenue behind Town Hall). Rain date is October 7.

The event spreads the word about recovery, prevention, treatment and education assistance related to substance use and mental illness issues during National Recovery Month.

Please register (FREE) on Eventbrite at <https://www.eventbrite.com/e/iredell-walk-for-recovery-tickets-694877225487> to help with food purchasing!

This FREE, family-friendly event, featuring a concert by Leed Not Follow, will celebrate the hope and healing that comes with recovery from substance use and mental illness with words from three inspiring speakers as well as community leaders.

Drug-Alcohol Coalition of Iredell Director Shane Nixon will be serving as emcee. Kids activities, including magician Mr. Marvel, a splash pad and playground, petting zoo, face painting, martial arts and dance performances, photo booth, art exhibit, and games and crafts, will also add to the fun.

A free catered dinner of bagged hotdogs, and side items, prepared by Waffle Chick Food Truck, will also be served. Water is provided through the generosity of Niagara.

Many vendors associated with mental health, substance misuse, recovery, and other helping agencies will be on hand, and a "walk" around the event area visiting the vendors with your stamp card will make attendees eligible for prize drawings!

Bring your bag chairs, lawn blankets, sunscreen, kids' swimsuits, and towels and get ready for an afternoon of fun and inspiration!

Contact Kristin Blumenstein at kristin@daciredell.com if interested in being a vendor (no product sales allowed).

FOR MORE INFORMATION

WEBSITE: <https://sites.google.com/view/iredellcountywalkforrecovery/>

FACEBOOK: <https://www.facebook.com/IREDELLWALKFORRECOVERY>

YOUTUBE: <https://www.youtube.com/@iredellwalkforrecovery390>

2023 SPONSORS

PLATINUM: Drug-Alcohol Coalition of Iredell, Foundation of Hope Ministries, ICGH-Statesville, Partners Iredell Community Collaborative, PQA, Piedmont Healthcare, Southern Family Medicine

GOLD: Fifth Street Ministries, Iredell Free News, Iredell-Statesville Schools, NAMI

SILVER: Addiction Recovery Medical Services (ARMS)

BRONZE: Foundry House, Sawyer Insurance, Turning Point Family Services

ABOUT NATIONAL RECOVERY MONTH

Each September, SAMHSA sponsors National Recovery Month to increase awareness and understanding of mental and substance use disorders, and celebrate the individuals living in recovery.

This year's theme is "HOPE IS REAL. RECOVERY IS REAL." Now in its 34th year, Recovery Month celebrates the gains made by those in recovery, just as we celebrate improvements made by those who are managing other health conditions such as hypertension, diabetes, asthma, and heart disease.

Each September, Recovery Month works to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the dedication of service providers and community members across the nation who make recovery in all its forms possible.

The observance will work to highlight inspiring stories that help thousands of people from all walks of life find the path to hope, health, and wellness.

CONTACTS:

Jerry M. Campbell II, Executive Committee Chair

Email: JCampbellII@partnersbhm.org.

Debbie Page, Event Marketing

Email: debbiepage.iredellfreenews@gmail.com

Kristin Blumenstein, Vendor Coordinator

Email: kristin@daciredell.com.

FOR HELP:

24 Hour Crisis Assistance Lines:

Hope for NC Helpline - 1-855-587-3463

Partners - 1-888-235-HOPE (4673)

National Suicide Prevention Lifeline - 1-800-273-8255

DACI IREDELL COUNTY SUBSTANCE USE RESOURCE GUIDE:

https://www.daciredell.com/files/ugd/02b9be_7823279009fb4a438f59eb98b83dc928.pdf